

Sleep Better

With Sleeping Bag PM

WHY IS
IT SO-O-O
COLD?!



What is better than a good night's sleep after a hard day's work? What is worse than being unable to sleep because your sleeping bag lets you freeze? Stay warm and sleep well by remembering sleeping bag PM.

Cleaning

Wash all parts of the modular sleep system on the washing machine's **DELICATE** cycle using cold water. Other cycles can tear the bag. Use cold water liquid detergent like Era Plus or Liquid Tide that does not contain bleach. Powder detergent leaves a residue that's difficult to remove. Bleach discolors the bag. Rinse in clean, cold water. Never dry clean.

Dry in a tumble dryer with low heat (less than 130°F) and take it out as soon as it's dry. Too much heat melts the fabric and the bag is ruined.

Never run your sleeping bag through the wringer of a wringer washing machine. That flattens the zipper.

If the bag's waterproofing starts to leak, apply water repellent, NSN 8030-00-116-9255. Apply it following instructions on the can.



Nip Zipper Problems

A sleeping bag that can't zip is as useful as a rifle that can't fire. And zippers get busted a lot. There are a few ways to keep zippers zipping:

★ **Brush out the bag.** That keeps grit from clogging zipper teeth and causing the zipper to jam.

★ **Use zipper lube, NSN 9150-00-999-7548.** On a new zipper or a zipper that sticks, zip it shut and rub a few drops of lube on the teeth. Run the zipper up and down until it moves smoothly. If you don't have zipper lube, use bar soap or a candle instead.

★ **Pull slowly and evenly when zipping up the bag.** Jerking the zipper pulls it off track. Hold onto the zipper tab, not the strap to save wear and tear on the zipper.

If the zipper does come unzipped, pull it all the way to the bottom of the bag. Then slowly and carefully zip it back up. Usually that's enough to get the zipper to reattach. You may have to do that several times, though.

If the zipper unzips often, use needlenose pliers to gently squeeze the flat portion of the slider. Jerking on the zipper causes the slider to open up a bit over time and then the teeth won't mesh.

